

Country Living

*A 24-hour residential
assisted living home for
senior citizens*



*Michigan's 2000
Governor's Quality Care
Award Winner*

Admissions Packet

Opened June, 1998

Country Living Adult Foster Care

Guidelines/House Rules

****All residents and staff will give each other respect and consideration – treat one another as you would want to be treated.*

Health

Snacks, candy and pop (if brought in for resident) should be marked with resident's name on it and kept in the kitchen. Residents may ask staff for them anytime. Only a minimal amount of individually packaged food in their bedrooms is allowed.

Meals- (*8:30am-9:00am, *Noon, *6:00pm)

Three well-balanced and nutritional meals are provided daily. *Snacks and special diets upon request (additional costs may be included if diet requires thickeners, fiber powders, pureed, diabetic, special diets, etc...)

Safety

Please do not go up or down the stairs without assistance. Call buttons and bathroom call lights are provided and may be used to notify staff for stand by assistance up/down stairs.

Theft Protection

No more than \$10.00 is allowed for each resident. County Living does not manage resident's private funds.

Solicitation

Country Living does not allow solicitation (selling products to residents/staff)

Mail

Please have all bills and important mail sent to Designated Representative's address. (Newspapers, magazines, and cards are always welcome)

Phone Cards

Residents may have a phone card for any long distance phone calls. Country Living provides a cell phone for all residents to use- (517) 526-0003 *Verizon Wireless. Let staff know you wish to make a phone call and they will assist you in dialing the numbers. All phone cards are kept in a labeled envelope in the residents top dresser drawer. **No personal cell phones**

TV/Social

Televisions are optional. Residents may have them in their rooms; it is recommended to spend as much time as possible out mingling with the other residents, visitors, and staff. However, a small amount of private time is healthy if desired. Residents are encouraged to participate in other social activities such as Sat. & Wed. night Bingo, or daily options of Senior Trivia, Puzzles, Cards, Crafts, Dominos, Exercise Therapy and Reminiscing Therapy.

Outside Visits-Sign in/out

Family and friends are encouraged and welcome to visit with residents anytime. Please call (517)647-4920 a couple of hours before picking up your family member if taking them somewhere or at least the DAY BEFORE if they will be staying overnight, going to church or out that day for dinner so we can be prepared & ready with pills or other items that might be needed.

Hygiene

Daily assistance with bathing, grooming and dressing is provided as needed. Manicures and hair styles are given upon request

- Hairdresser provided upon request (most residents like to be placed on a 6-8 week rotation)
Cuts and perms \$60.00 plus tip, Cuts \$18.00 plus tip, Perms \$42.00 plus tip
Representative will write check directly to Sharon Arens
Sharon Arens – (989) 587-6949
3890 S Grange Road, Westphalia, MI 48894

Clothes

Please mark resident's clothes with permanent marker, or sew/iron in labeled tags. (*initials or last names**)

Items to Purchase

- Deodorant
- Depends and/or Poise if needed
- Denture Cleaner/Tabs if needed
- Mouthwash & Toothpaste/Toothbrush
- Phone Card if needed

Visiting Physicians

- *Dr. Brian Goosen, D.P.M.* – Foot doctor will see resident at Country Living every 12 weeks at \$50.00 a visit, unless designated representative asks for them not to be seen. (Medicare will cover 100% if Diabetic) PH# (517) 485-7300
- *Dr. Prashanti Franklin, DO (VPA)* – In house Physician will see resident at Country Living approximately every 8-10 weeks. Kelly will call designated representative with results if you can not be present for visit. (Medicare and many other insurances accepted) PH# (517) 347-4085

Medications-MOT System (*no additional cost to residents, other than monthly co-pay)

Walker Pharmacy of Lake Odessa delivers all medications and/or over the counter products. Staff will administer all medications. No Medications allowed in resident's rooms, including cough drops, Tums, Tylenol, etc.! All meds must have a written doctor's order, documented on the med sheets, and will be stored in the locked medication cart. PH# (616) 374-0702

Portland Ambulance emergency Care Plan

Yearly membership agreement recommended! (Application/Agreement form available upon request)
Covers any uninsured costs from ambulance services acquired

Christmas Eve/Christmas Day

Country Living will remain open both Christmas Eve and Christmas day.

***If you have any questions or concerns, please feel free to contact me**.*

Thank you, Kelly L. Grys, RN/Director of Operations

Country Living Adult Foster Care Admissions Policy

1. A prospective resident or his/her guardian shall exercise free choice in the selection of an adult foster care facility.
2. This facility shall not accept or keep a person whose behavior requires isolation or restraint; no violent behavior will be permitted. *(anyone who is a threat to themselves or others will be an emergent discharge)*
3. This facility will not accommodate a person who requires continuous nursing care.
4. This facility will not deny admission to an individual because of his/her race, religion, color, national origin, sex, age, handicap, or source of payment.
5. Country Living AFC accepts only senior citizens over the age of 65, male or female.
6. Country Living AFC is licensed for twelve residents.
7. All residents will have a required healthcare appraisal before admission and updated annually.
8. All residents will have a written care agreement an assessment plan before admission.
9. Country Living AFC accepts ambulatory residents only with the exception of Hospice diagnosis (canes, walkers, and other ambulatory devices are allowed).
10. Country Living AFC will assist all residents with any activities of daily living.
11. Country Living AFC accepts all secondary conditions if residents meet all admissions criteria.
12. Country Living AFC does not manage resident's private funds.
13. Payments are due by the first of each month. Country Living AFC is private pay and now accepts Medicaid MI Choice waiver.
14. Country Living AFC can not accept a bed fast resident for temporary care.
15. Country Living AFC recommends a private room for all Hospice patients, if available.
16. Upon admission a representative will be selected to be the contact person. The representative is responsible to pass important information to all other family members.
- 17.** All residents must be compatible with each other.

Country Living Adult Foster Care Admission Policy (con't)

18. All residents are required to participate in fire drills.
19. All residents are required to have monthly weights documented.
20. All rooms are subject to change at any time, based on unpredictable circumstances.
21. Designated Representatives is required to give a written 30 day notice to vacate if moving.
22. All additional personal costs related to physicians, lab work, medical tests, pharmacy, beauty/barber, etc., will be the guardian's/representative's responsibility.
23. All residents that have VPA will be seen every 8-10 weeks by Physician and for Healthcare Appraisals annually as required, unless otherwise notified by the resident's guardian/representative for additional PRN visits.

Country Living Adult Foster Care Discharge Policy

- ❖ A written 30-day notice will be given to the residents designated representative if required to move. A 24-hour written notice will be given when there is:
 - 1) Substantial risk, or an occurrence of self destructive behavior occurs
 - 2) Substantial risk, or occurrence of serious physical assault
 - 3) Substantial risk, or occurrence of the destruction of property
 - 4) The safety of other residents is at risk

- ❖ If discharge of the resident takes place for any of the above reasons the following action will be taken:
 - The licensee will notify the resident, the designated representative, the responsible agency and the adult foster care consultant 24 hours before discharge. The notice will be in writing and shall include all the following information:
 1. The reason for the proposed discharge, including the specific nature of substantial risk
 2. The alternatives to discharge that have been attempted by the licensee
 3. The location to which the resident would be discharged if known

- ❖ The Designated Representative is required to give a written 30 day notice to vacate if moving.

I understand and agree to the terms of the Country Living AFC Discharge Policy.
_____ (Representative Signature)

Country Living Adult Foster Care Fee Policy

- Professionally trained and experienced staff
- Personal care and 24-hour supervision
- Medication administration
- Pharmacy deliveries
- Three well balanced and nutritious meals daily (snacks and special diet upon request)
- Temporary tray service in case of illness
- Health monitoring (Ex. monthly weights, blood pressure, blood sugars etc.)
- Daily assistance with bathing, grooming, and dressing as needed
- Daily linen service
- Thorough house cleaning daily
- All utilities (with exception of long distance phone calls)
- Various social activities made available, depending on resident' abilities
- Manicure and hair styles upon request

Additional Services or Products Not Included in Basic Monthly Fee

- Long distance phone calls
- Beauty or barber services
- Special personal hygiene items (basic soap and shampoo provided)
- Coordination of private dining on special occasions
- Transportation

All services provided are focused around personal care for residents in the areas of nutrition, hygiene, mobility and safety.

Country Living Adult Foster Care Refund Policy

***NO REFUNDS WILL BE GIVEN

COUNTRY LIVING ADULT FOSTER CARE

LATE PAYMENT POLICY



Country Living AFC

Updated: 10-1-18

7884 Emery RD
Dowdland, MI 48875

Phone: 517-647-4920
fax: 517-647-4921

Email: KellyGrys44@Hotmail.com

Country Living AFC (Updated 2-1-17)

24 HOUR RESIDENTIAL ASSISTED LIVING HOME FOR SENIORS

LATE PAYMENT FEE

BASIC MONTHLY FEE IS LIKE ALWAYS, DUE ON OR BEFORE THE FIRST DAY OF EACH MONTH. ANY PAYMENT RECEIVED AFTER THE 5TH OF THE MONTH WILL HAVE A \$25.00/DAY LATE FEE.

RESIDENT'S RATE AT COUNTRY LIVING

ANY NEW RESIDENT ENTERING COUNTRY LIVING WILL BE CHARGED A BASIC MONTHLY FEE OF \$3800.00 FOR SEMI-PRIVATE ROOMS PER MONTH, AND \$4000.00 FOR PRIVATE ROOM PER MONTH, PLUS ANY ACUITY IF ANY.





COUNTRY LIVING AFC

**COUNTRY LIVING ADULT
FOSTER CARE**

7884 EMERY ROAD
PORTLAND, MI 48875

Phone: 517-647-4920
Fax: 517-647-4921

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Quality
Care
Award
Winner!!

RESIDENTS ACTIVITIES

(Activities done daily between 1-3pm depending on schedule)

****SENIOR TRIVIA****-*Residents favorite* GROUP QUESTIONS W/ TOPICS INVOLVING PEOPLE/EVENTS THAT HAPPENED YEARS AGO. THIS HELPS SPARK THEIR LONG TERM MEMORY, WHICH FOR MOST OF THEM IS MUCH BETTER THAN SHORT TERM. THIS ALSO GIVES THEM A LOT OF SELF-CONFIDENCE AND THEY TEND TO PARTICIPATE IN MORE OF THE OTHER GROUPS.

THE WII-(ELECTRONIC BIG SCREEN INTERACTIVE GAMES)

*SPORTS, BINGO, SINGING, ECT..

REMINISSING THERAPY- PICKING A GROUP TOPIC AND GETTING INDIVIDUAL FEEDBACK FROM THEIR LIFE EXPERIENCES. (*NO RIGHT OR WRONG ANSWERS)

SHORT STORY READINGS- GROUP DISCUSSIONS WITH SOME PROMPTING IS ALWAYS A GOOD TIME.

BINGO- SAT AND WED NIGHT 6:15-7:00P- EVERYBODY LOVES THE PRIZES!!

MUSIC THERAPY- LISTENING TO SONGS OF THE CENTURIES, AND SINGING POPULAR GROUP SONGS; YOU ARE MY SUNSHINE, TWINKEL TWINKEL LITTLE STAR, AND SPECIAL REQUESTS! **BIG BAND MUSIC** DURING MEALS IS ALWAYS A FAVORITE. (BENNY GOODMAN ERA, SONGS OF THE CENTURY)

CRAFTING AND/OR BAKING- EVERY WEDNESDAY- MAKING HOLIDAY ITEMS, BIRD FEEDERS, PICTURE FRAMES, WRITING LETTERS TO FAMILY (X-MAS & B-DAY CARDS), MAKING NECKLACES AND PINS.

EXERCISE THERAPY- LOW IMPACT/ SIT DOWN STRECHING AND EXERCISING (DAILY/WEEKLY)

MEMORY GAMES- WIZ KID, MEMORY, CARDS, GUESS WHAT OBJECT? TACTILE MATCH, GIGGLES & GRINS

GAMES/PUZZELS- YAHTZEE, DOMINOES, SEQUENCE, CONNECT FOUR, ECT..

AND MANY MORE SPONTANEOUS ACTIVITIES!!

*Country Living AFC
7884 Emery Road
Portland, MI 48875*

*Director of Operations/R.N.: Kelly Grys
Phone: (517) 647-4920
Fax: (517) 647-4921
E-mail: kellygrys44@hotmail.com*

